



2013 OPEN ENROLLMENT/RETIREE OPTION CHANGE PERIOD FREQUENTLY ASKED QUESTIONS

2013 WELLNESS PLANS

Q. I am new to the 2013 Wellness Plans. What will I have to do if I enroll in one of the wellness plans?

A. You will make a Wellness Promise on behalf of you and your covered spouse that you each will:

1. complete a health education module through the new SHBP Member Education Portal at www.AHealthierSHBP.com between January 1, 2013 and May 31, 2013 by 4:30 p.m. EST and
2. complete your online health assessment through your health care vendor at www.mycigna.com or www.myuhc.com between January 1, 2013 and May 31, 2013 by 4:30 p.m. EST and
3. obtain your biometric screenings through your physician's office which includes: blood pressure, blood glucose, cholesterol, and body mass index between July 1, 2012 and May 31, 2013 and have your physician fax a completed and signed physician screening form to the number on the form between November 1, 2012 and May 31, 2013 by 4:30 p.m. EST

Q. If I enroll in a 2013 Wellness Option are my enrolled dependent children required to complete the 2013 Wellness Promise health actions?

A. No. If you enroll in a 2013 Wellness Option, they will be covered under the Plan but the children are not required to meet the 2013 Wellness Promise.

Q. Why does the Open Enrollment website not offer me a Wellness Option for 2013?

A. If you or your spouse (if covered) were enrolled in a Wellness Option in 2012 and did not complete the actions required under the 2012 Wellness Promise, you are limited to the Standard Plan Options in 2013.

Q. What if the Open Enrollment site does not offer me a Wellness Option for 2013 but I believe that I met the 2012 Wellness Promise requirements?

A. You will need to file an appeal to SHBP. The Wellness appeal form is located on the SHBP home page at www.dch.georgia.gov/shbp.



Q. How can I earn the \$240 HRA incentive fund contribution for 2014?

A. All members and spouses (if covered) enrolled in a 2013 Wellness or Standard Plan (HRA, HMO or HDHP) will each be eligible to earn a \$240 HRA incentive fund contribution for 2014. Members and spouses (if covered) enrolled in a 2013 Standard Plan or enrolled in a Wellness Plan option for the first time will each be eligible to earn a \$240 HRA incentive fund contribution for 2014 if they complete all of the three health actions listed below. Members and spouses (if covered) who met the 2012 Wellness Promise and enrolled in a Wellness Plan in 2013 need to complete only the first two health actions, numbers one (1) and two (2) to earn a \$240 HRA incentive fund contribution.

- 1.** The member and spouse (if covered) must each complete a health education module through the new SHBP Member Education Portal at www.AHealthierSHBP.com between January 1, 2013 and May 31, 2013 by 4:30 p.m. EST and
- 2.** The member and spouse (if covered) must each complete their vendor's (Cigna or UnitedHealthcare) online Health Assessment through www.mycigna.com or www.myuhc.com between January 1, 2013 and May 31, 2013 by 4:30 p.m. EST and
- 3.** The member and spouse (if covered) enrolled in either a 2013 Standard Plan or enrolled in a Wellness Plan option for the first time must each complete a biometric screening (including body mass index (BMI), blood pressure, cholesterol, and glucose) through a physician's office between July 1, 2012 and May 31, 2013 by 4:30 p.m. EST, with the completed and signed physician screening form showing the test results faxed to the number shown on the form by their physician between November 1, 2012 and May 31, 2013 by 4:30 p.m. EST. Members who met the 2012 Wellness Promise and enrolled in a 2013 Wellness Plan option do not need to do another biometric screening.

Note: The required actions must be completed by the dates stated above in order to earn ANY HRA incentive fund contributions for 2014. Those members and spouses (if covered) who both complete the required actions by the dates stated above will each be awarded the \$240 HRA incentive fund contribution (\$480 total) on January 1, 2014 and may be eligible for additional benefits as determined by SHBP in its sole discretion. The \$240 HRA incentive fund contribution is not an available benefit for members enrolled in a Medicare Advantage Plan.

Q. When will the www.AHealthierSHBP.com website be available?

A. This website is currently under construction and will be active January 1, 2013.

Q. Why are the premiums for the UnitedHealthcare (UHC) Options higher than the premiums for the same options with Cigna?

A. The administrative cost for UHC is slightly higher than the administrative cost for Cigna. Therefore the premiums for UHC HRA, HMO and HDHP options will be slightly higher than the premiums for the same Cigna options.



RETIREEES

Q. Why is SHBP not offering the Humana Medicare Advantage (MA) Premium Plan to retirees for 2013?

A. The Humana Premium Plan had higher medical costs due to increased health care service utilization and as a result this drove higher costs to Humana. Therefore Humana chose to withdraw their product.

Q. Why has SHBP made the decision not to mail retiree packets in 2013?

A. Due to the ever increasing costs of printing and mailing the packets, SHBP has decided to discontinue mailing the packets. In April SHBP will mail retirees a postcard reminding them that they will need to view their 2014 ROCP materials online. If for any reason a retiree must still receive a printed packet, they must return the postcard indicating they wish to continue to receive their packet.